



A TASTER'S TOUR CORVALLIS TO PHILOMATH

Savor scenic views, farm-to-table food and liquid libations with the locals

Start your weekend off in downtown Corvallis with brunch at **Caves** (26), where your meal is inspired by the culinary landscapes throughout Northwestern Europe and your ingredients are fresh and locally sourced.

Enjoy the offerings of local makers and growers April through November at the **Corvallis Farmers' Market** (23) on the downtown riverfront or the **Corvallis Winter Market** (18) in the colder months. While at the market, pick up some fresh-baked bread from the **Bodhi Cafe and Bakery** (28) booth or stop by one of their locations in downtown Corvallis.

Your farm-to-table lunch is served at local favorite **Castor** (24) in downtown Corvallis, a fine dining experience featuring elevated Southern comfort food.

Restock on fresh produce, pastries and more from **Gathering Together Farm** (35), an organic vegetable farm and favorite among locals and visitors.

Continue your afternoon in downtown Philomath at **Compton Family Wines** (33) with sustainable fruit-forward, earthy wines using French cooperage. Nearby, a historic covered bridge acts as gatekeeper to **Harris Bridge Vineyard** (14) and its specialty pinot gris and pinot noir vermouths. Next, head to **Lumos Wine Co.** (15) where organically grown wine is poured in a former dude ranch barn.

Finish your day at **Lucca Taverna** (50), a cozy neighborhood spot tucked inside the historic Hotel Corvallis building. Inspired by the flavors of the Mediterranean and the seasonal bounty of the Pacific Northwest, it's the perfect place to settle in with fresh pasta, kabobs, focaccia, and a crafted cocktail.

The numbers adjacent to business names indicate their listing on the map.

The Mid-Willamette Valley Food Trail offers a self-guided journey through a bountiful land of historic farms and trailblazing spirits. Businesses along the trail are committed to sustainable practices to last through the next century and beyond.



Find other Oregon Food Trails at oregonfoodtrails.com.



FAMILY FUN FOR ALL LEBANON TO CORVALLIS

Picnics, berries and sweet treats for the whole crew

Start your day at the **Lebanon Downtown Farmers' Market** (41) - or the **CFA Thursday Market** (51) in Brownsville - with fresh pastries and activities for the kids before stopping by **Sunflower Hill Farm** (45) to stock up on seasonal produce, honey, jam and handknit items.

For lunch, treat the crew to a round of Strawberry Celebration Ales (or lemonade) and wood-fired pizza at **Conversion Brewing** (43) or swing by **Tallman Brewing** (42), where everyone gets to pick from their favorite food cart, and the adults can taste local craft beer before starting your venture to Corvallis.

Get your picnic supplies at **First Alternative Co-op—South Store** (31) to enjoy at **Tyee Wine Cellars** and **Buchanan Family Farm** (47), where they welcome families for wine tasting in the parlor and hiking trails through the hazelnut orchards, native woodlands and wetlands.

Swing by **Hiatt Farm** (46), where you'll find scratch-baked sweet rolls, buttermilk biscuits and pies, outdoor seating and yard games.

Then continue south to Monroe and visit **Lilliputopia** (55), a tiny eco-farm specializing in dry farming techniques. Head to **No Regrets Flower Farm & Animal Sanctuary** (53) to de-stress with a happy hour filled with goats or to **Bluebird Hill Cellars** (54) for a glass of award-winning wine.

When you're ready for dinner, grab a tasty meal from one of the food carts at **Common Fields** (29) in downtown Corvallis, where a craft beverage from the tap room and kid-friendly activities will keep the whole family happy.

After you're done exploring for the day, start your stay at **Donovan Guest Houses** (32). Located on a working Christmas-tree farm and run by a local master potter, these guest houses are perfect for the whole family. Take home one of the ceramic treasures from the onsite studio to help remember your trip.

TRAVEL TIPS

The Mid-Willamette Valley Food Trail is a year-round, self-guided culinary experience designed to be explored at your own pace. You can visit one, two or all the farms, restaurants and businesses on the trail, but **we encourage you to inquire about seasonality and hours of operation before visiting.**

High season varies per business but is typically **May-Oct.** Seasonality of key products is listed below:

- Flowers: April-July
- Strawberries: May-June
- Blueberries: June-July
- Apples and Cider: September-October
- Pumpkins: September-October
- Wine Harvest: September-October
- Hazelnuts: October-November

The working farms along this trail provide very unique and engaging experiences. We ask that you respect the invitation to enter each property and be cautious around farm animals and equipment. Children must be supervised at all times, and you should be prepared to follow all site-specific rules. For your safety and comfort, be prepared with appropriate footwear, sun protection and water.

While this is a self-guided adventure, you can also choose to connect with local tour guide companies for a one-of-a-kind guided farm, foodie or beverage tour:

- Best Oregon Tours | bestoregontours.com

The fun doesn't have to end once you hop off the trail. Support our local farmers and producers and bring a taste of the Mid-Willamette Valley home to share with friends and family.



Learn about our passport program at MidWillametteValleyFoodTrail.com



MAKERS AND INNOVATORS SWEET HOME TO ALBANY

A farm-fresh feast through craft beverages and history

Start your day with fresh coffee and pastries at the **Sweet Home** (52) or **Albany Farmers' Markets** (11) to peruse the locally made products. Then head south to **Thompson's Mills State Heritage Site** (44) for a free guided tour of Oregon's last water-powered mill, built in the mid-19th century.

Make your way to Corvallis for lunch at **4 Spirits Distillery** (40) and learn about the history behind their name while sipping on a cocktail made from one of their award-winning spirits and taking in the views of Marys Peak.

Later, swing by **Wild Yeast Bakery** (30) to pick up one of their fresh-baked artisan breads or pastries to enjoy with a craft beverage from one of our local favorites. **2 Towns Ciderhouse** (20) is the perfect place for seasonal ciders and **Block 15 Brewing Downtown Pub** (25) will quench your thirst with hop-forward ales and crisp ciders.

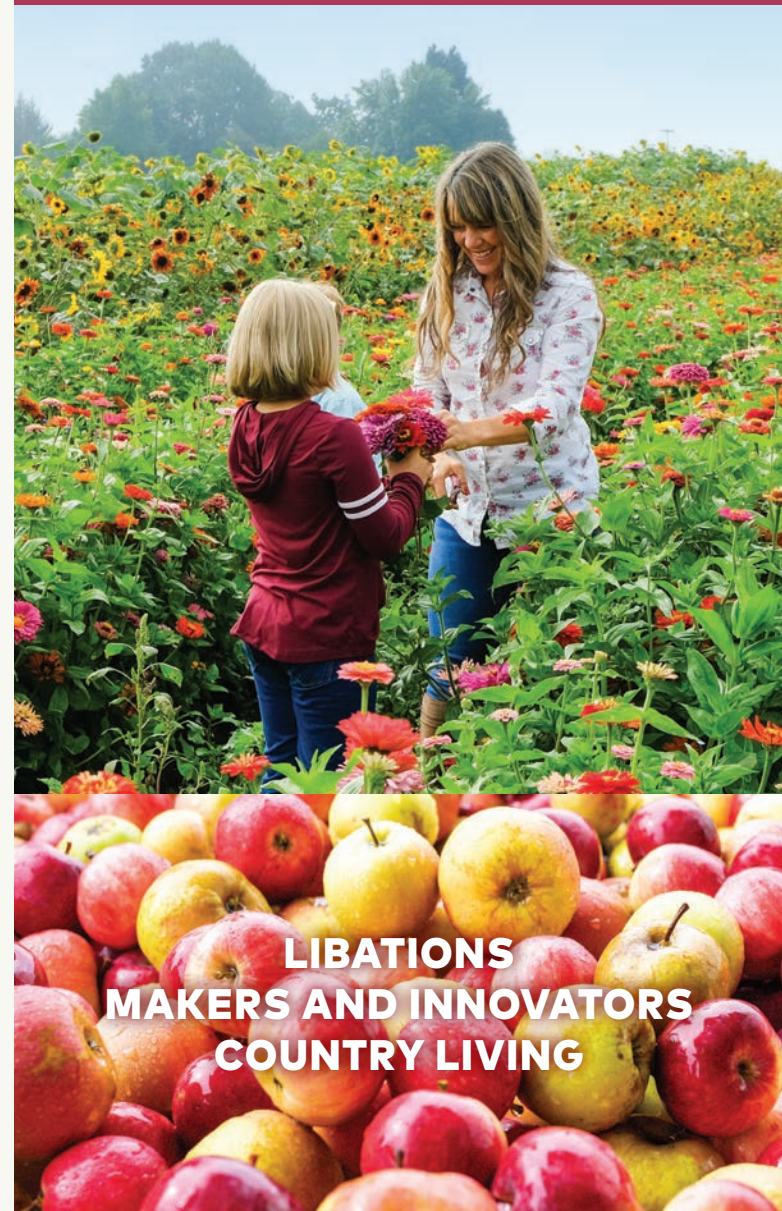
If you are visiting during our sweetest season—summer—head out to pick your own blueberries at **Blueberry Meadows** (16) while enjoying a cold beverage or locally crafted frozen fruit pop. Celiac-safe **Midway Farms** (3) in Albany is open year-round to browse the farm stand or join a cider pressing party, wine tasting or twilight yoga.

Amble on over to **Springhill Cellars** (2) for high-quality wines with high-quality views before making your way to downtown Albany where the petite sweets at **Natural Sprinkles** (8) and locally roasted brews at **Margin Coffee Roasters** (7) are sure to perk you up.

For dinner, choose between the ever-evolving, eclectic menu at **Sybaris Bistro** (12) or the bold forest-and-Mediterranean fusion flavors, prime grilled steaks, and craft cocktails at **Brasa Restaurant** (9). If you'd prefer a more hands-on approach, try an evening cooking class or farm-to-table dinner at **Honeybrine Catering and Events** (1). Check their Facebook page for upcoming classes and events.

Mid-Willamette Valley FOOD TRAIL

WILLAMETTE VALLEY



**LIBATIONS
MAKERS AND INNOVATORS
COUNTRY LIVING**



MIDWAY FARMS

FLORA AND FAUNA ALSEA TO ALBANY

Discover nature's wonders in food and the outdoors

Begin your journey along the Marys Peak to Pacific Scenic Byway, following coastal breezes into the valley. Idyllic mornings at Alsea's **Leaping Lamb Farm and Farm Stay** (49) might include feeding lambs before breakfast. Next, visit Alsea Trout Hatchery to see steelhead spawning from November through March or explore the photo-worthy gardens at **The Thyme Garden** (48) April through August. Make sure to purchase one of their 10,000 herb starts to bring the garden home with you.

Stave off your hunger at **Eats & Treats Cafe** (34) in downtown Philomath, a dedicated gluten-free eatery serving up comfort food, bakery fresh desserts, and Sunday brunch. Then stock up on local goods and fresh produce at the **Philomath Farmers' Market** (37) or **Sunbow Produce** (38), a 50-year old farm with certified organic farming methods.

Enjoy craft beers on the roof of **Sky High Brewing** (21) in downtown Corvallis while enjoying the views of Marys Peak—the highest point in the Coast Range with wildflowers from spring through summer and stunning panoramic views year round.

On your way to Albany, **Peoria Road Farm Market** (36) vendors await in a cheery red barn with some of the highest-quality and best-priced seasonal produce around.

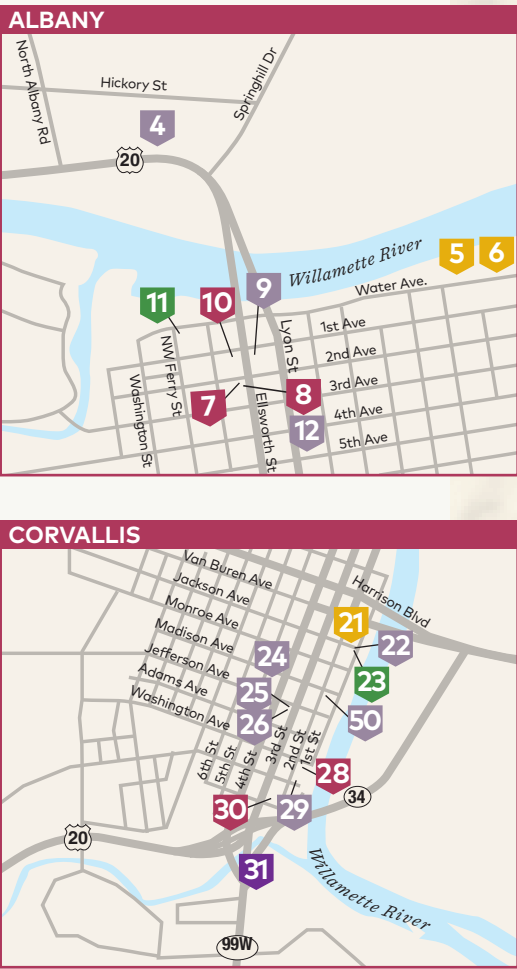
Continue along farmlands to **Iron Water Ranch** (17) to take a fiber arts class and meet sheep, including newborn lambs each spring. In the summer, blueberry lovers can pick 19 different varieties of blueberries at **Bryant Family Farm** (13) along the way.

End your day in downtown Albany with dinner, drinks and games at **Calapooia Brewing**, home of **Vivacity Fine Spirits** (6), or the neighboring brewstillery, **Deluxe Brewing and Sinister Distilling** (5). Looking for allergen-friendly meals? Across the river, **Homegrown Oregon Foods** (4) menu is 100% gluten-free and organic, with vegan and paleo options everyone will love.



CRAFT BEVERAGES

- 2 Springhill Cellars Winery**
2920 NW Scenic Dr., Albany
541.974.0917 • springhillcellarswinery.com
Open May-Dec | Fri-Sun
Family-owned winery, tasting room, cheese platters, event barn, scenic overlook, views of stunning sunsets
- 5 Deluxe Brewing and Sinister Distilling**
635 Water Ave. NE, Albany
541.928.7699 • sinisterdeluxe.com • Open daily
Brewery, distillery, tasting room, German-style lagers, ales, whiskey, outdoor seating, pet-friendly, family-friendly, food cart
- 6 Calapooia Brewing and Vivacity Fine Spirits**
140 Hill St. NE, Albany
541.928.1931 • calapooiabrewing.com • Open daily
Family + pet-friendly brewpub serving award-winning spirits, craft beers, and delicious food. Indoor + outdoor seating, live music, weekly events and more
- 14 Harris Bridge Vineyard**
22937 Harris Rd., Philomath
541.929.3053 • harrisbridgevineyard.com
Open May-Nov | Sat-Sun
Craft wine, vermouth, community-minded, family-friendly, picnics, music concerts
- 15 Lumos Wine Co.**
24000 Cardwell Hill Dr., Philomath
541.929.3519 • lumoswine.com • Open Mar-Dec | Thu-Sun
Award-winning wines, organic viticulture, historic barn, large deck, big views, family-friendly, summer concerts
- 20 2 Towns Ciderhouse**
33930 SE Eastgate Cir., Corvallis
541.207.3915 • 2townsciderhouse.com • Open daily
Locally crafted cider, mead, cocktails, 21+, taproom, patio, events, games, fun
- 21 Sky High Brewing**
160 NW Jackson Ave., Corvallis
541.207.3277 • skyhighbrewing.com • Open daily
Family-friendly, 4-story brewpub, rooftop bar with panoramic views, elevated pub fare, award-winning craft brews, ciders, cocktails, locally owned
- 33 Compton Family Wines**
810 Applegate St., Philomath
541.929.6555 • comptonwine.com
Open Sept-May | Fri-Sun • Open June-Aug | Thu-Sun
Expressive and unique wines, husband-and-wife owned and operated, comfortable atmosphere, family-friendly, regenerative farming practices
- 39 Block 15 Brewing Southtown Tap Room**
3415 SW Deschutes St., Corvallis
541.752.2337 • block15.com • Open daily
Locally sourced handmade pub food, diverse tap list, local wines, cocktails, covered patio, view of Marys Peak, bike parking, family and pet-friendly
- 40 4 Spirits Distillery**
3405 SW Deschutes St., Corvallis
541.368.3195 • 4spiritsdistillery.com • Open daily
Craft distillery, tasting room, cocktails, restaurant, rotating specials, outdoor spaces, great views, family-friendly
- 42 Tallman Brewing**
2055 Primrose St., Lebanon
503.930.7760 • tallmanbrewing.com
Open Oct-May | Tue-Sun • Open June-Sept | Mon-Sun
Craft beer, wine and cider, 10 food trucks, pet and family-friendly, outdoor seating, local music, trivia, kegs of comedy, charity bingo, paint and sip
- 43 Conversion Brewing**
833 Main St. S, Lebanon
541.259.2337 • conversionbrewing.com • Open Mon-Sat
Wood fired pizza, beer made on site, patio, live music, liquor, draft cider
- 47 Tyee Wine Cellars and Buchanan Family Farm**
26335 Greenberry Rd., Corvallis
541.241.8933 • tyeevine.com • Open Apr-Dec | Sat-Sun
Celebrating 40 years in business, estate wines, old growth vines, certified century farm, hiking trails, picnicking, tasting room
- 54 Bluebird Hill Cellars**
25059 Larson Rd., Monroe
541.424.2478 • bluebirdhillcellars.wine
Open Nov-Apr | Sat-Sun • Open May-Oct | Fri-Sun
Beautiful valley views and award-winning wines, picnics welcome, ADA accessible, reservations recommended

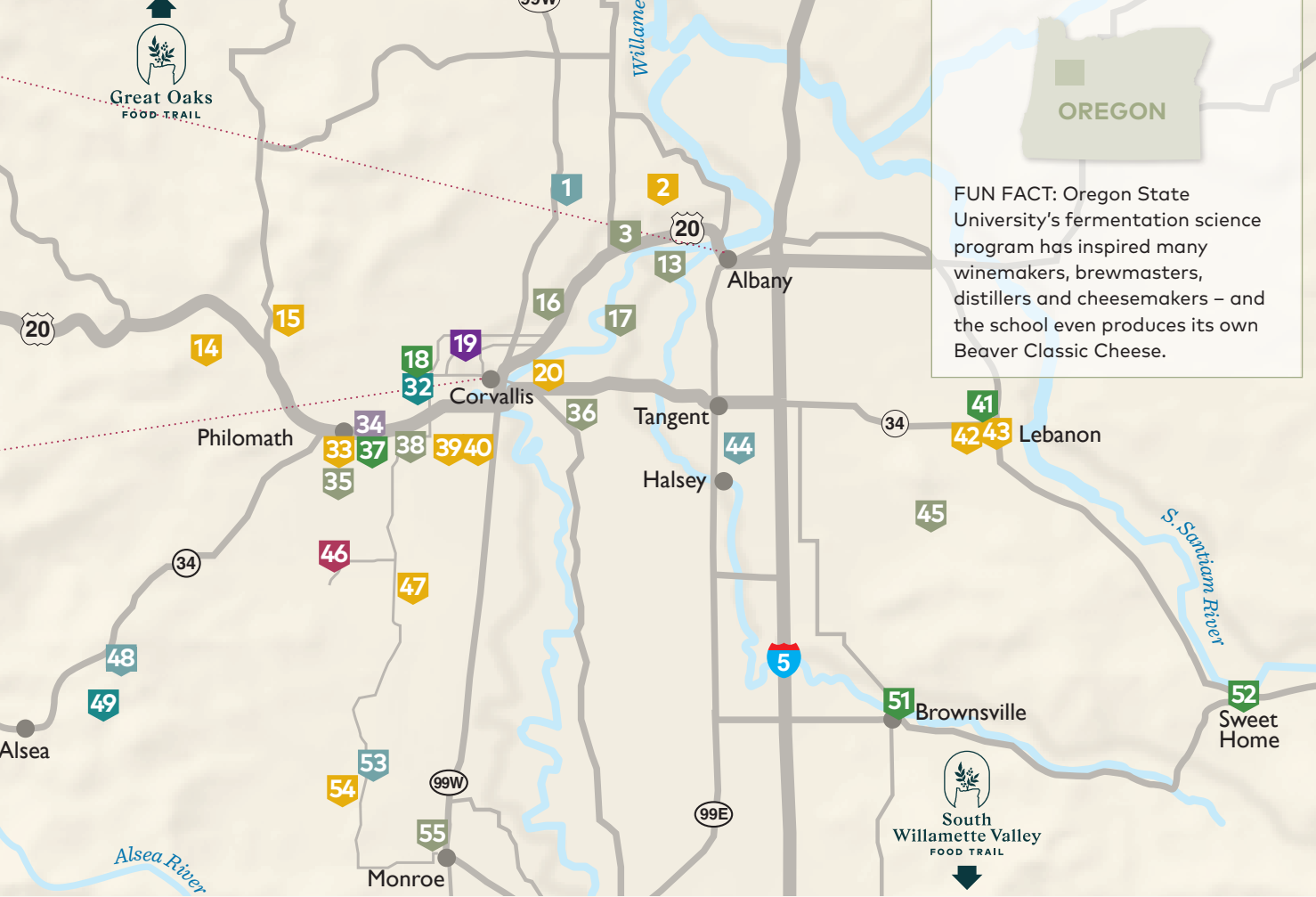


BAKERIES & CAFES

- 7 Margin Coffee Roasters**
206 Second Ave. SW, Albany
541.248.3234 • margincoffee.com • Open daily
Breakfast, brunch, lunch, coffee cafe, occasional specialty dinners
- 8 Natural Sprinkles Co.**
202 Second Ave. SW, Albany
541.704.0445 • naturalsprinklesco.com • Open Tue-Sat
Natural, GF, vegan, farm-to-table, cupcakes, cookies, macarons, brownies, sprinkles, dye free, custom weddings
- 10 Bodhi Cafe and Bistro, Albany**
210 1st Ave. W, Albany
541.704.0076 • bodhibakery.com • Open Tue-Sat
Breakfast, brunch, lunch, seasonal patio, dinner, pastries, cake, bread, coffee, burgers, gluten free, vegan
- 28 Bodhi Cafe and Bakery**
500 SW Second St., Corvallis
541.286.4734 • bodhibakery.com • Open daily
Breakfast, patio, family-friendly, coffee, pastries, sandwiches, cold-pressed juice, downtown
- 30 Wild Yeast Bakery**
648 SW Second St. #120, Corvallis
541.754.7040 • wildyeastcorvallis.com • Open Tue-Sat
Sourdough, bread, pastries, organic, espresso, coffee, whole grain, outdoor seating, cardamom buns, whole wheat, sourdough classes
- 46 Hiatt Farm**
30699 Peterson Rd., Corvallis
541.609.8201 • hiattfarm.com • Open Apr-Dec | Fri-Sun
Bakery, breakfast, pies, eggs, patio, family-friendly, bicycle-friendly, U-pick, ADA accessible

FARMS & RANCHES

- 3 Midway Farms**
6980 Hwy 20 NW, Albany
541.740.6141 • midwayfarmsoregon.com • Open daily
Farm boutique, event space, estate wine, juice, coffee, herb teas, spices, berries, veggies, fruits, GF baked goods, pickles, artisan vinegars, jams, body care, gifts, garden access, family-friendly, organic practices, celiac safe
- 13 Bryant Family Farm**
35923 Bryant Dr. SW, Albany
541.704.0677 • bffberries.weebly.com • Open July | Thu-Tue
Blueberry farm, U-pick, we-pick, frozen blueberries, family-friendly, picnic area, summer fun, healthy eating
- 16 Blueberry Meadows**
3860 NE Hwy 20, Corvallis
541.753.2614 • blueberrymeadowsoregon.com
Open daily July-Aug | Call ahead for availability
U-pick, we-pick, frozen blueberries, family-friendly, views
- 17 Iron Water Ranch**
35179 Riverside Dr. SW, Albany
541.979.5180 • ironwater.com
Open by appointment or event
Sheep, lambs, working dogs, fiber arts & wool, farm tours, classes, handspinning, educational, family-friendly
- 35 Gathering Together Farm**
25159 Grange Hall Rd., Philomath
541.929.4270 • gatheringtogetherfarm.com
Farm stand and lunch open Apr-Nov | Wed-Sat
Farm stand organic vegetables, lunch, farm-to-table, wood fired pizza, potato donuts, bread, pastries, family-friendly, farm tours
- 36 Peoria Road Farm Market**
33269 Peoria Rd. SE, Corvallis
541.207.3327 • Open daily Apr-Oct
High-quality farm-fresh seasonal produce, family-friendly, open spaces, U-cut flowers, food preservation
- 38 Sunbow Produce**
6910 SW Plymouth Dr., Corvallis
541.929.4951 • sunbowproduce.com • Open Thu-Fri
Organic, seasonal farm stand, CSA, online ordering, farm tours
- 45 Sunflower Hill Farm**
36456 Rock Hill Dr., Lebanon
541.258.3237 • Open Saturdays or by appointment
Farm store, seasonal produce, eggs, raw honey, homemade jam, handspun/handknit items



- 55 Lilliputopia**
301 N. 10th St., Monroe
619.985.4607 • lilliputopia.com
Open Apr-Oct | Sat-Sun *Call ahead for hours
Dry-land farming, permaculture, sustainable agriculture, fresh produce, handmade gifts, farm stand
- 4 Homegrown Oregon Foods**
640 Hickory St. NW, Albany
541.619.0580 • homegrownoregonfoods.com
Open daily
Gluten-free, organic, locally sourced, allergen-friendly, paleo-friendly, food truck, prepared meals
- 9 Brasa Restaurant**
115 Ellsworth St. SW, Albany
541.791.7105 • dinebrasa.com • Open Wed-Sat
Forest & Mediterranean fusion, prime grilled steaks, wild game, mixology bar, mocktails, 80% sustainable kitchen, root-to-rind restaurant
- 12 Sybaris Bistro**
133 5th Ave. SE, Albany
541.928.8157 • sybarisbistro.com • Open Tue-Sat
Farm-to-table, local food, upscale Northwest bistro, specialty dinners, special occasions, date night
- 22 Bodhi Bistro**
230 NW First St., Corvallis
bodhibistro.com • Open daily
Breakfast, brunch, lunch, dinner, family-friendly, coffee, pastries, sandwiches, cold pressed juice, waterfront, patio, pet-friendly
- 24 Castor**
458 SW Madison Ave., Corvallis
541.231.3322 • castorcorvallis.com • Open Mon-Sat
Seasonal ingredients, Southern influence, French technique, thoughtfully curated wine list, craft cocktails
- 25 Block 15 Brewing Downtown Pub**
300 SW Jefferson Ave., Corvallis
541.758.2077 • block15.com • Open daily
Full menu of locally sourced handmade pub food, diverse tap list, full bar, local wines, family-friendly, outdoor seating
- 26 Caves**
308 SW Third St., Corvallis
541.203.2308 • cavescorvallis.com • Open Thu-Mon
Weekend brunch, dinner, draft & cellar beers, craft cocktails, specialty wines, family friendly, outdoor seating
- 29 Common Fields**
545 SW Third St., Corvallis
541.760.7985 • commonfieldscorvallis.com • Open daily
Local beer, music, dog-friendly, kid-friendly, heated benches, food trucks, games, play area, corn hole
- 34 Eats & Treats Cafe**
1644 Main St., Philomath
541.307.0225 • eats-treats.com • Open Wed-Sun
Dedicated gluten-free comfort food, BBQ, on-premise bakery, lunch, Sunday brunch
- 50 Lucca Taverna**
150 SW Madison Ave., Corvallis
541.521.0216 • luccataverna.com • Open Wed-Sun
Pasta, cocktails, seasonal, monthly live music, family-friendly

FARMERS' MARKETS

- 11 Albany Farmers' Market**
Water Ave. and Ferry St., Albany
541.224.6786 • locallygrown.org
Open Apr-Nov | Saturday
Locally grown fruits & veggies, organic, plants, cut flowers, artisan breads, eggs, honey, meat, poultry, educational events
- 18 Corvallis Winter Market**
110 SW 53rd St., Corvallis
541.740.0214 • corvalliswintermarket.wordpress.com
Open Jan-Apr | Saturday
Locally grown fruits & veggies, organic, plants, cut flowers, artisan breads, eggs, honey, meat, poultry, educational events

- 23 Corvallis Farmers' Market**
NW First St. and NW Jackson Ave., Corvallis
541.740.1542 • locallygrown.org
Open Apr-Nov | Wed and Sat
Local growers, organic, produce, meats, poultry, plants, flowers, educational events
- 37 Philomath Farmers' Market & Mud Oven Pizza**
1050 Applegate St., Philomath
541.821.2222 • philomathfarmersmarket.org
Open May-Oct | Sunday
Farmers' Market, organic and conventional fruits and vegetables, baked goods, honey, eggs, meat, ready to eat foods, plants and cut flowers, wood fired pizza, botanical creations
- 41 Lebanon Downtown Farmers' Market**
971 Park St., Lebanon
541.418.2603 • lebanondowntownfarmersmarket.com
Open May-Oct | Thursday
Farmers' market, local fresh produce
- 51 CFA Thursday Market**
185 Main St., Brownsville
541.654.2052 • gocfa.org
Open Apr-Oct | Thursday
Farmers' market, fresh produce, baked goods, plant starts, Master Gardener help desk
- 52 Sweet Home Farmers' Market**
1141 12th Ave., Sweet Home
541.418.2603 • sweethomefarmersmarket.org
Open May-Oct | Tuesday
Farmers' market, local fresh produce

ARTISAN PRODUCTS

- 19 First Alternative Co-op – North Store**
2855 NW Grant Ave., Corvallis
541.753.3115 • firstalt.coop • Open daily
Community-owned co-op, locally-focused produce and groceries, deli, bike and family-friendly
- 31 First Alternative Co-op – South Store**
1007 SE Third St., Corvallis
541.452.3115 • firstalt.coop • Open daily
Community-owned co-op, locally-focused produce and groceries, deli, bike and family-friendly

LODGING

- 32 Donovan Guest Houses**
5720 SW Donovan Pl., Corvallis
541.829.1981 • donovanplace.com • Open daily
Quiet farm setting, Christmas tree farm, pottery studio, family and pet-friendly
- 49 Leaping Lamb Farm and Farm Stay**
20368 Honey Grove Rd., Alsea
541.487.4966 • leapinglambfarm.com • Open daily
Farm stay, farm tours, working farm with sheep, goats, chickens, seasonal produce, hiking trails, family-friendly.

EXPERIENCES

- 1 Honeybrine Catering and Events**
6097 NE Ebony Ln., Corvallis
541.231.0178 • honeybrine-oregon.com
Open Sun-Wed or by appointment
Cafe & retail, local & seasonal menu, fresh produce, community events, grab-and-go meals, farm-to-table dinners
- 44 Thompson's Mills | State Heritage Site**
32655 Boston Mill Dr., Shedd
541.491.3611 • oregonstateparks.org • Open daily
Oregon trail pioneer heritage, family-friendly, free, partial wheelchair access, walking trail
- 48 The Thyme Garden**
20546 Alsea Hwy, Alsea
541.487.8671 • thymegarden.com • Open Apr-Aug
Call ahead for hours
Herb garden and nursery, forest trails, salmon restoration, luncheons and tours by reservation
- 53 No Regrets Flower Farm & Animal Sanctuary**
26641 Belfountain Rd., Monroe
888.992.GOAT (4628) • headquarters.goatyoga.net
Open daily by appointment only
Animal experiences, stained glass workshops, U-pick flowers, goat yoga, flower garden yoga, meditation