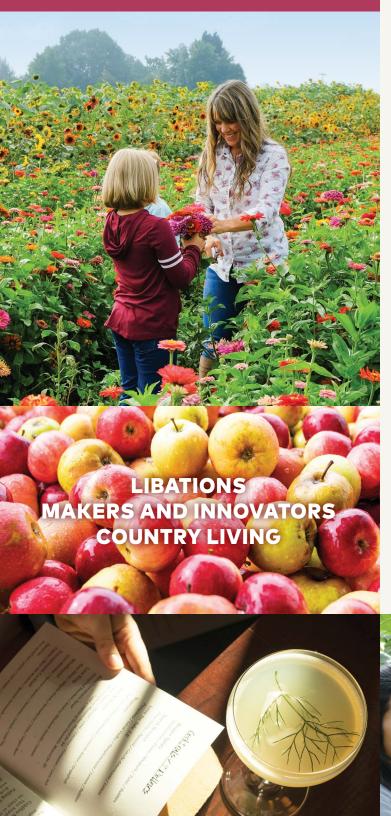


WILLAMETTE VALLEY



TRAVEL TIPS

The Mid-Willamette Valley Food Trail is a year-round, self-guided culinary experience designed to be explored at your own pace. You can visit one, two or all the farms, restaurants and businesses on the trail, but we encourage you to inquire about seasonality and hours of operation

High season varies per business but is typically May-Oct. Seasonality of key products is listed below:

- Flowers: April-July
- Strawberries: May-June
- Blueberries: June-July
- Apples and Cider: September-October
- Pumpkins: September-October
- Wine Harvest: September-October
- Hazelnuts: October-November

The working farms along this trail provide very unique and engaging experiences. We ask that you respect the invitation to enter each property and be cautious around farm animals and equipment. Children must be supervised at all times, and you should be prepared to follow all site-specific rules. For your safety and comfort, be prepared with appropriate footwear, sun protection

While this is a self-guided adventure, you can also choose to connect with local tour guide companies for a one-of-akind guided farm, foodie or beverage tour:

- Best Oregon Tours | bestoregontours.com
- For the Love of Scenic Wine Tours | oregonscenicwinetours.com

The fun doesn't have to end once you hop off the trail. Support our local farmers and producers and bring a taste of the Mid-Willamette Valley home to share with friends and family.

















The Mid-Willamette Valley Food Trail offers a self-guided journey through a bountiful land of historic farms and trailblazing spirits. Businesses along the trail are committed to sustainable practices to last through the next century and beyond.



A TASTER'S TOUR **CORVALLIS TO BROWNSVILLE**

Savor scenic views, farm-to-table food and liquid libations with the locals

Start your weekend off in downtown Corvallis with brunch at Caves (26), where your meal is inspired by the culinary landscapes throughout Northwestern Europe and your ingredients are fresh and locally sourced.

Enjoy the offerings of local makers and growers year-round at the Corvallis Farmers' Market (23) on the downtown riverfront or the Corvallis Winter Market (18) in the colder months. While at the market, pick up some fresh-baked bread from the **Bodhi Cafe and Bakery** (28) booth or stop by one of their locations in downtown Corvallis.

Your farm-to-table lunch is served at local favorite **Castor** (24) in downtown Corvallis, a fine dining experience featuring elevated Southern comfort food.

Restock on fresh produce, pastries and more from Gathering Together Farm (35), an organic vegetable farm and favorite among locals and visitors.

Continue your afternoon in downtown Philomath at Compton Family Wines (33) with sustainable fruit-forward, earthy wines using French cooperage. Nearby, a historic covered bridge acts as gatekeeper to Harris Bridge Vineyard (14) and its specialty pinot gris and pinot noir vermouths. Next, head to Lumos Wine Co. (15) where organic wine is poured in a former dude ranch barn.

Finish your trip off with a wine-centric, handmade meal at Harpers Wine House (50) in Brownsville. If you're visiting on a Thursday, make time to swing by the **Brownsville Thursday**

The numbers adjacent to business names indicate their listing on the map.

FAMILY FUN FOR ALL LEBANON TO CORVALLIS

Picnics, berries and sweet treats for the whole crew

Start your day at the **Lebanon Downtown Farmers' Market** (41) with fresh pastries and activities for the kids before stopping by Sunflower Hill Farm (45) to stock up on seasonal produce, honey, jam and handknit items.

For lunch, treat the crew to a round of Strawberry Celebration Ales (or lemonade) and wood-fired pizza at Conversion Brewing (43) or swing by Tallman Brewing (42), where everyone gets to pick from their favorite food cart, and the adults can taste local craft beer before starting your venture to

Get your picnic supplies at First Alternative Co-op—South Store (31) to enjoy at Tyee Wine Cellars and Buchanan Family Farm (47), where they welcome families for wine tasting in the parlor and hiking trails through the hazelnut orchards, native woodlands and wetlands.

Swing by **Hiatt Farm** (46), where you'll find scratch-baked sweet rolls, buttermilk biscuits and pies, outdoor seating and yard games.

Then continue south to Monroe and visit Lilliputopia (55), a tiny eco-farm specializing in dry farming techniques. Head to No Regrets Flower Farm & Animal Sanctuary (53) to destress with a happy hour filled with goats or to Bluebird Hill Cellars (54) for a glass of award-winning wine.

When you're ready for dinner, grab a tasty meal from one of the food carts at Common Fields (29) in downtown Corvallis, where a craft beverage from the tap room and kid-friendly activities will keep the whole family happy.

Afterwards, swing by Valcan Cellars (27) for a bottle of their handcrafted wine to enjoy during your stay at **Donovan Guest** Houses (32). Located on a working Christmas-tree farm and run by a local master potter, these guest houses are perfect for the whole family. Take home one of the ceramic treasures from the onsite studio to help remember your trip.

MAKERS AND INNOVATORS **SWEET HOME TO ALBANY**

A farm-fresh feast through craft beverages and history

Start your day with fresh coffee and pastries at the **Sweet** Home (52) or Albany Farmers' Markets (11) to peruse the locally made products. Then head south to **Thompson's Mills** State Heritage Site (44) for a free guided tour of Oregon's last water-powered mill, built in the mid-19th century.

Make your way to Corvallis for lunch at 4 Spirits Distillery (40) and learn about the history behind their name while sipping on a cocktail made from one of their award-winning spirits and taking in the views of Marys Peak.

Later, swing by Wild Yeast Bakery (30) to pick up one of their fresh-baked artisan breads or pastries to enjoy with a craft beverage from one of our local favorites. 2 Towns Ciderhouse (20) is the perfect place for seasonal ciders and Block 15 Brewing Downtown Pub (25) will quench your thirst with hop-forward ales and crisp ciders.

If you are visiting during our sweetest season—summer—head out to pick your own blueberries at **Blueberry Meadows** (16) while enjoying a cold beverage or locally crafted frozen fruit pop. Celiac-safe Midway Farms (3) in Albany is open yearround to browse the farm stand or join a cider pressing party, wine tasting or twilight yoga.

Amble on over to Springhill Cellars (2) for high-quality wines with high-quality views before making your way to downtown Albany where the petite sweets at Natural Sprinkles (8) and locally roasted brews at Margin Coffee Roasters (7) are sure to

Taste the region's flavors with the chef-selected pairings on a taster board at **Grazing Oregon Charcuteries Restaurant** (9) followed by an elegant dinner at **Sybaris Bistro** (12), where a new eclectic menu is adopted every month. If you'd prefer a more hands-on approach, try an evening cooking class or farmto-table dinner at Honeybrine Catering and Event Center (1). Check their Facebook page for upcoming classes and events.

FLORA AND FAUNA ALSEA TO ALBANY

Discover nature's wonders in food and the outdoors

Begin your journey along the Marys Peak to Pacific Scenic Byway, following coastal breezes into the valley. Idyllic mornings at Alsea's Leaping Lamb Farm and Farm Stay (49) might include feeding lambs before breakfast. Next, visit Alsea Trout Hatchery to see steelhead spawning from November through March or explore the photo-worthy gardens at **The** Thyme Garden (48) April through August. Make sure to purchase one of their 10,000 herb starts to bring the garden

Stave off your hunger at Eats & Treats Cafe (34) in downtown Philomath, a dedicated gluten-free eatery serving up comfort food, bakery fresh desserts, and Sunday brunch. Then stock up on local goods and fresh produce at the **Philomath Farmers'** Market (37) or Sunbow Produce (38), a 50-year old farm with certified organic farming methods.

Enjoy craft beers on the roof of Sky High Brewing (21) in downtown Corvallis while enjoying the views of Marys Peak—the highest point in the Coast Range with wildflowers from spring through summer and stunning panoramic views year round.

On your way to Albany, Peoria Road Farm Market (36) vendors await in a cheery red barn with some of the highestquality and best-priced seasonal produce around.

Continue along farmlands to ${\bf Iron~Water~Ranch}$ (17) to take a fiber arts class and meet sheep, including newborn lambs each spring. In the summer, blueberry lovers can pick 19 different varieties of blueberries at Bryant Family Farm (13) along the way.

End your day in downtown Albany with dinner, drinks and games at Calapooia Brewing, home of Vivacity Fine Spirits (6), or the neighboring brewstillery, **Deluxe Brewing and Sinister Distilling** (5). Looking for allergen-friendly meals? Across the river, **Homegrown Oregon Foods'** (4) menu is 100% gluten-free and organic, with vegan and paleo options everyone will love.



CRAFT BEVERAGES

2 Springhill Cellars Winery

2920 NW Scenic Dr., Albany 541.974.0917 • springhillcellarswinery.com Open May-Dec I Fri-Sun

Family-owned winery, tasting room, cheese platters, event barn, scenic overlook, views of stunning sunsets

Deluxe Brewing and Sinister Distilling

635 NE Water Ave., Albany 541.928.7699 • sinisterdeluxe.com • Open daily Brewery, distillery, tasting room, German-style lagers, ales, whiskey, outdoor seating, pet-friendly, tours, food cart

6 Vivacity Fine Spirits/Calapooia Brewing Co.

140 Hill St. NE, Albany 541.928.1931 • calapooiabrewing.com • Open daily Distillery, brewpub with daily specials, new brews on tap, outdoor seating, family and pet-friendly

Harris Bridge Vineyard

22937 Harris Rd., Philomath 541.929.3053 • harrisbridgevineyard.com Open May-Nov | Sat-Sun Craft wine, vermouth, community-minded, family-

friendly, picnics, music concerts

15 Lumos Wine Co.

24000 Cardwell Hill Dr., Philomath 541.929.3519 • lumoswine.com • Open Mar-Dec | Thu-Sun Award-winning wines, organic viticulture, historic barn, large deck, big views, family-friendly, summer concerts

20 2 Towns Ciderhouse

33930 SE Eastgate Cir., Corvallis 541.207.3915 • 2townsciderhouse.com • Open daily Locally crafted cider, mead, cocktails, 21+, taproom, patio, events, games, fun

21 Sky High Brewing

160 NW Jackson Ave., Corvallis 541.207.3277 • skyhighbrewing.com • Open daily Family-friendly, 4-story brewpub, rooftop bar with panoramic views, elevated pub fare, award-winning craft brews, ciders, cocktails, locally owned

27 Valcan Cellars

341 SW Second St., Suite 3, Corvallis 541.360.3194 • valcancellars.com • Open Thu-Sat Wine tasting, BIPOC makers & Latinx winemakers, local, wine store, award-winning, patio, private events

33 Compton Family Wines 810 Applegate St., Philomath 541.929.6555 • comptonwine.com Open Sept-May | Fri-Sun • Open June-Aug | Thu-Sun Expressive and unique wines, husband-and-wife owned

and operated, comfortable atmosphere, family-friendly,

Block 15 Brewing Southtown Tap Room

regenerative farming practices

3415 SW Deschutes St., Corvallis 541.752.2337 • block15.com • Open daily Locally sourced handmade pub food, diverse tap list, local wines, cocktails, covered patio, view of Marys Peak, bike parking, family and pet-friendly

4 Spirits Distillery

3405 SW Deschutes St., Corvallis 541.368.3195 • 4spiritsdistillery.com • Open daily Craft distillery, tasting room, cocktails, restaurant, rotating

42 Tallman Brewing

specials, outdoor spaces, great views, family-friendly

2055 Primrose St., Lebanon

503.930.7760 • tallmanbrewing.com Open Oct-May | Tue-Sun • Open June-Sept | Mon-Sun Craft beer, wine and cider, food trucks, pet and familyfriendly, outdoor seating, local music, trivia, kegs of comedy, charity bingo, paint and sip

Conversion Brewing

833 S. Main St., Lebanon 541.259.2337 • conversionbrewing.com • Open Mon-Sat Wood fired pizza, beer made on site, patio, live music, liquor, draft cider

7 Tyee Wine Cellars and Buchanan Family Farm

26335 Greenberry Rd., Corvallis 541.241.8933 • tyeewine.com • Open Apr-Dec I Sat-Sun Certified century farm, hiking trails, picnicking, tasting room

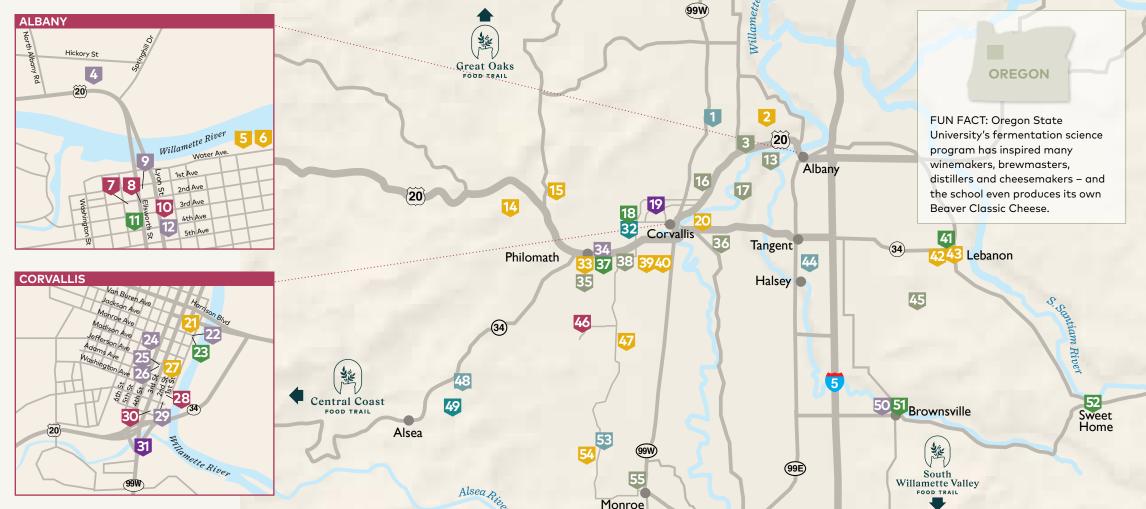
Bluebird Hill Cellars

25059 Larson Rd., Monroe 541.424.2478 • bluebirdhillcellars.wine Open Nov-Apr | Sat-Sun • Open May-Oct | Fri-Sun Beautiful valley views and award-winning wines, picnics welcome, ADA accessible, reservations recommended

BAKERIES & CAFES

Margin Coffee Roasters

206 Second Ave. NW, Albany 541.248.3234 • margincoffee.com • Open daily Specialty coffee, roastery, chill vibes, family-friendly, breakfast and lunch specials



8 Natural Sprinkles Co.

202 Second Ave. SW, Albany 541.704.0445 • naturalsprinklesco.com • Open Tue-Sat Natural, GF, vegan, farm-to-table, cupcakes, cookies, sweets, croissants, macarons, brownies, sprinkles, dye free

10 Bodhi Bakery Outlet

315 Lyon St., Albany 541.704.0076 • bodhibakery.com • Open Tue-Sat Breakfast, lunch, fresh baked bread, pastries, sandwiches, coffee, cold pressed juice

28 Bodhi Cafe and Bakery

500 SW Second St., Corvallis 541.286.4734 • bodhibakery.com • Open daily Breakfast, patio, family-friendly, coffee, pastries, sandwiches, cold-pressed juice, downtown

30 Wild Yeast Bakery

648 SW Second St. #120, Corvallis 541.754.7040 • wildyeastcorvallis.com • Open Tue-Sat Sourdough, bread, pastries, organic, espresso, coffee, whole grain, outdoor seating, cardamom buns, whole wheat, sourdough classes

46 Hiatt Farm

30699 Peterson Rd., Corvallis 541.609.8201 • hiattfarm.com • Open Apr-Dec | Fri-Sun Bakery, breakfast, pies, eggs, patio, family-friendly, bicycle-friendly, U-pick, ADA accessible

FARMS & RANCHES

3 Midway Farms

6980 NW Hwy 20, Albany 541.740.6141 • midwayfarmsoregon.com • Open daily Farm boutique, organic practices, wine, coffee, gifts, berries, veggies, fruits, baked goods, snacks, jams, pickles, herbs, body care, family-friendly, gluten free, Celiac safe

13 Bryant Family Farm

35923 Bryant Dr. SW, Albany 541.704.0677 • bffberries.weebly.com • Open July | Thu-Tue Blueberry farm, U-pick, we-pick, frozen blueberries, family-friendly, picnic area, summer fun, healthy eating

16 Blueberry Meadows

3860 NE Hwy 20, Corvallis 541.753.2614 • blueberrymeadowsoregon.com Open daily July-Aug | Call ahead for availability U-pick, family-friendly, views

17 Iron Water Ranch

35179 Riverside Dr. SW, Albany 541.979.5180 • ironwater.com Open by appointment or event Sheep, lambs, working dogs, fiber arts & wool, farm tours, classes, handspinning, educational, family-friendly

35 Gathering Together Farm

25159 Grange Hall Rd., Philomath 541.929.4270 • gatheringtogetherfarm.com Farm stand and lunch open Mar-Nov | Wed-Sat Farm stand, farm-to-table, wood fired pizza, organic vegetables, breads and pastries, farm tours, family-friendly

36 Peoria Road Farm Market 33269 Peoria Rd. SE, Corvallis

> 541.207.3327 • Open daily Apr-Oct High-quality farm-fresh seasonal produce, familyfriendly, open spaces, U-cut flowers, food preservation

38 Sunbow Produce

6910 SW Plymouth Dr., Corvallis 541.929.4951 • sunbowproduce.com • Open Thu-Fri Organic, seasonal farm stand, CSA, online ordering, farm tours

45 Sunflower Hill Farm

36456 Rock Hill Dr., Lebanon 541.258.3237 • Open Saturdays or by appointment Farm store, seasonal produce, eggs, raw honey, homemade jam, handspun/handknit items

55 Lilliputopia

301 N. 10th St., Monroe 619.985.4607 • lilliputopia.com Open Apr-Oct | Sat-Sun *Call ahead for hours Dry-land farming, permaculture, sustainable agriculture, fresh produce, handmade gifts, farm stand

EATERIES

4 Homegrown Oregon Foods

640 NW Hickory St., Albany 541.619.0580 • homegrownoregonfoods.com Open Tue-Sat Gluten-free, organic, locally sourced, allergen-friendly, paleo-friendly, food truck, prepared meals

9 Grazing Oregon Charcuteries Restaurant

115 Ellsworth St. SW, Albany 541.791.7105 • grazingoregon.com Restaurant open Mon-Sat Classes and events by appointment on Sunday Lunch, dinner, charcuterie, wine, salads, date night, cocktails, mocktails, specialty items, fine dining

12 Sybaris Bistro

133 SE Fifth Ave., Albany 541.928.8157 • sybarisbistro.com • Open Tue-Sat Farm-to-table, local food, upscale Northwest bistro, specialty dinners, special occasions, date night

22 Bodhi Bistro

230 NW First St., Corvallis bodhibistro.com • Open daily Breakfast, brunch, lunch, dinner, family-friendly, coffee, pastries, sandwiches, cold pressed juice, waterfront, patio, pet-friendly

24 Castor

458 SW Madison Ave., Corvallis 541.231.3322 • castorcorvallis.com • Open Mon-Sat Seasonal ingredients, Southern influence, French technique, thoughtfully curated wine list, craft cocktails

25 Block 15 Brewing Downtown Pub

300 SW Jefferson Ave., Corvallis 541.758.2077 • block15.com • Open daily Full menu of locally sourced handmade pub food, diverse tap list, full bar, local wines, family-friendly, outdoor seating

26 Caves

308 SW Third St., Corvallis 541.203.2308 • cavescorvallis.com • Open Thu-Mon Weekend brunch, dinner, draft and cellar beers, specialty wines, family-friendly, outdoor seating

29 Common Fields

545 SW Third St., Corvallis 541.760.7985 • commonfieldscorvallis.com • Open daily ocal beer, music, dog-friendly, kid-friendly, h benches, food trucks, games, play area, corn hole

34 Eats & Treats Cafe

1644 Main St., Philomath 541.307.0225 • eats-treats.com • Open Wed-Sun Dedicated gluten-free comfort food, BBQ, on-premise bakery, lunch, Sunday brunch

50 Harpers Wine House

320 N. Main St., Brownsville 541.466.3005 • Open Wed-Sat Handmade food and goods, wine dinners, events, small catering, wine tasting

FARMERS' MARKETS

11 Albany Farmers' Market

SW Ellsworth St. and SW Fourth Ave., Albany 541.740.1542 • locallygrown.org • Open Apr-Nov | Saturday Local growers, organic, produce, meats, poultry, plants, flowers, educational events

18 Corvallis Winter Market

110 SW 53rd St., Corvallis 541.740.0214 • corvalliswintermarket.wordpress.com Open Jan-Apr | Saturday Local growers, organic, produce, meats, poultry, plants, flowers, artisan products, educational events

23 Corvallis Farmers' Market

NW First St. and NW Jackson Ave., Corvallis 541.740.1542 • locallygrown.org Open Apr-Nov | Wed and Sat Local growers, organic, produce, meats, poultry, plants, flowers, educational events

37 Philomath Farmers' Market & Mud Oven Pizza

1050 Applegate St., Philomath 541.821.2222 • philomathfarmersmarket.org Open May-Oct | Sunday Fresh local produce, wood-fired pizza, breads, meats, handmade crafts, prepared foods, meet your local farmer, Power of Produce Kid's Club

41 Lebanon Downtown Farmers' Market

971 Park St., Lebanon 541.418.2603 • lebanondowntownfarmersmarket.com Open May-Oct | Thursday Farmers' market, local fresh produce

51 Brownsville Thursday Market

185 Main St., Brownsville 503.572.4912 • calapooiafoodalliance.org Open Apr-Oct | Thursday Farmers' market, local produce, food, and crafts

52 Sweet Home Farmers' Market

1141 12th Ave., Sweet Home 541.418.2603 • sweethomefarmersmarket.org Open May-Oct | Tuesday Farmers' market, local fresh produce

ARTISAN PRODUCTS

19 First Alternative Co-op - North Store

2855 NW Grant Ave., Corvallis 541.753.3115 • firstalt.coop • Open daily Community-owned co-op, locally-focused produce and groceries, deli, bike and family-friendly

31 First Alternative Co-op - South Store

1007 SE Third St., Corvallis 541.452.3115 • firstalt.coop • Open daily Community-owned co-op, locally-focused produce and groceries, deli, bike and family-friendly

LODGING

32 Donovan Guest Houses

5720 SW Donovan Pl., Corvallis 541.829.1981 • donovanplace.com • Open daily Quiet farm setting, Christmas tree farm, pottery studio, family and pet-friendly

49 Leaping Lamb Farm and Farm Stay

20368 Honey Grove Rd., Alsea 541.487.4966 • leapinglambfarm.com • Open daily Farm stay, working farm, sheep, goats, chickens, seasonal produce, tours, hiking trails, family-friendly

EXPERIENCES

1 Honeybrine Catering and Event Center

6097 NE Ebony Ln., Corvallis 541.231.0178 • honeybrine-oregon.com Open Thursday or by appointment Happy hour, pizza night, farm-to-table, events, wine dinner, specialty cocktails, local beer and wine, garden

44 Thompson's Mills | State Heritage Site

32655 Boston Mill Dr., Shedd 541.491.3611 • oregonstateparks.org • Open daily Oregon trail pioneer heritage, family-friendly, free, partial wheelchair access, walking trail

48 The Thyme Garden

20546 Alsea Hwy, Alsea 541.487.8671 • thymegarden.com • Open Apr-Aug Call ahead for hours Herb garden and nursery, forest trails, salmon

restoration, luncheons and tours by reservation 53 No Regrets Flower Farm & Animal Sanctuary

26641 Bellfountain Rd., Monroe 888.992.GOAT (4628) • headquarters.goatyoga.net Open daily by appointment only Animal experiences, stained glass workshops, U-pick flowers, goat yoga, flower garden yoga, meditation