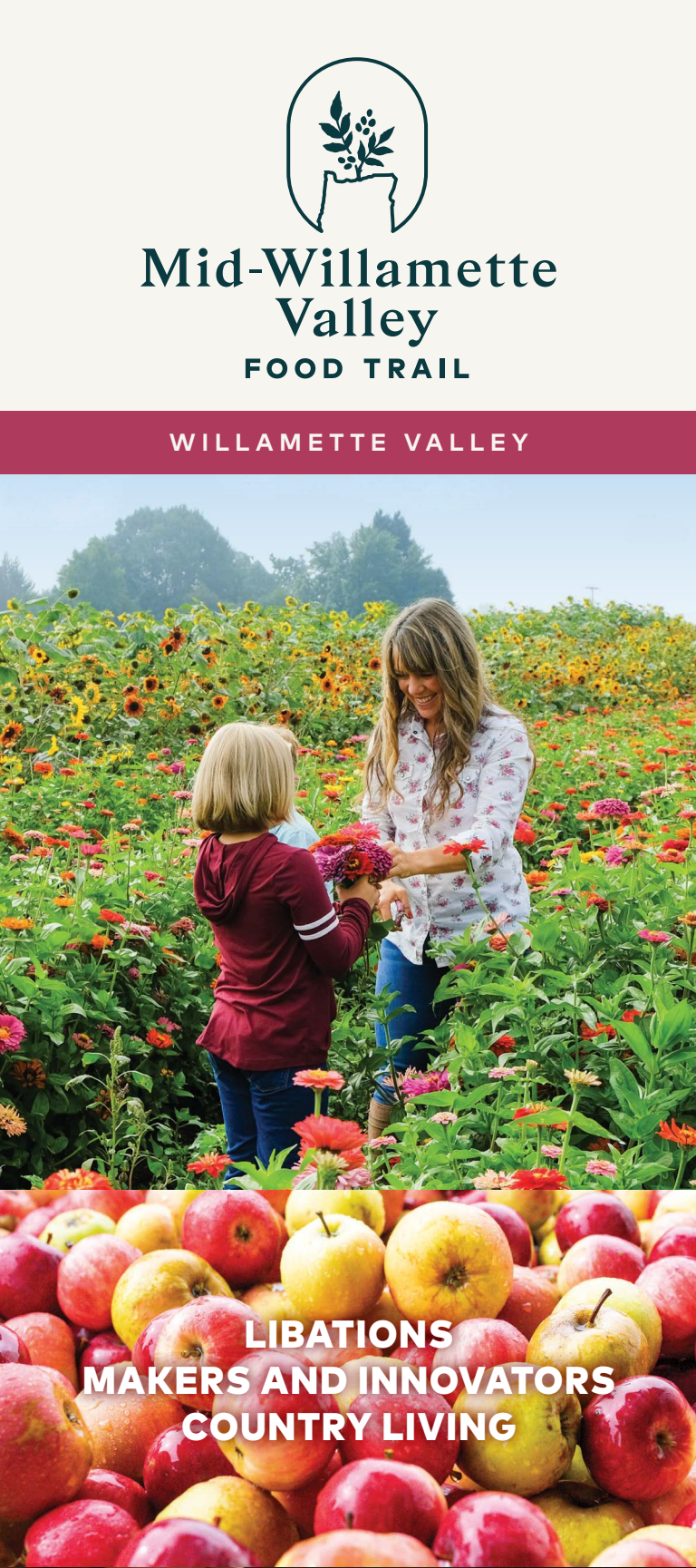




TRAVEL TIPS

The Mid-Willamette Valley Food Trail is a year-round, self-guided culinary experience designed to be explored at your own pace. You can visit one, two or all the farms, restaurants and businesses on the trail, but **we encourage you to inquire about seasonality and hours of operation before visiting.**

High season varies per business but is typically **May-Oct.** Seasonality of key products is listed below:

- Flowers: April-July
- Strawberries: May-June
- Blueberries: June-July
- Apples and Cider: September-October
- Pumpkins: September-October
- Wine Harvest: September-October
- Hazelnuts: October-November

The working farms along this trail provide very unique and engaging experiences. We ask that you respect the invitation to enter each property and be cautious around farm animals and equipment. Children must be supervised at all times, and you should be prepared to follow all site-specific rules. For your safety and comfort, be prepared with appropriate footwear, sun protection and water.

While this is a self-guided adventure, you can also choose to connect with local tour guide companies for a one-of-a-kind guided farm, foodie or beverage tour:

- Best Oregon Tours | bestoregontours.com
- For the Love of Scenic Wine Tours | oregonscenicwinetours.com

The fun doesn't have to end once you hop off the trail. Support our local farmers and producers and bring a taste of the Mid-Willamette Valley home to share with friends and family.



A TASTER'S TOUR CORVALLIS TO BROWNSVILLE

Savor scenic views, farm-to-table food and liquid libations with the locals

Start your weekend off in downtown Corvallis with brunch at **Caves** (26), where your meal is inspired by the culinary landscapes throughout Northwestern Europe and your ingredients are fresh and locally sourced.

Enjoy the offerings of local makers and growers year-round at the **Corvallis Farmers' Market** (23) on the downtown riverfront or the **Corvallis Winter Market** (18) in the colder months. While at the market, pick up some fresh-baked bread from the **Bodhi Cafe and Bakery** (28) booth or stop by one of their locations in downtown Corvallis.

Your farm-to-table lunch is served at local favorite **Castor** (24) in downtown Corvallis, a fine dining experience featuring elevated Southern comfort food.

Restock on fresh produce, pastries and more from **Gathering Together Farm** (35), an organic vegetable farm and favorite among locals and visitors.

Continue your afternoon in downtown Philomath at **Compton Family Wines** (33) with sustainable fruit-forward, earthy wines using French cooperage. Nearby, a historic covered bridge acts as gatekeeper to **Harris Bridge Vineyard** (14) and its specialty pinot gris and pinot noir vermouths. Next, head to **Lumos Wine Co.** (15) where organic wine is poured in a former dude ranch barn.

Finish your trip off with a wine-centric, handmade meal at **Harpers Wine House** (50) in Brownsville. If you're visiting on a Thursday, make time to swing by the **Brownsville Thursday Market** (51).

The numbers adjacent to business names indicate their listing on the map.



FAMILY FUN FOR ALL LEBANON TO CORVALLIS

Picnics, berries and sweet treats for the whole crew

Start your day at the **Lebanon Downtown Farmers' Market** (41) with fresh pastries and activities for the kids before stopping by **Sunflower Hill Farm** (45) to stock up on seasonal produce, honey, jam and handknit items.

For lunch, treat the crew to a round of Strawberry Celebration Ales (or lemonade) and wood-fired pizza at **Conversion Brewing** (43) or swing by **Tallman Brewing** (42), where everyone gets to pick from their favorite food cart, and the adults can taste local craft beer before starting your venture to Corvallis.

Get your picnic supplies at **First Alternative Co-op—South Store** (31) to enjoy at **Tyee Wine Cellars and Buchanan Family Farm** (47), where they welcome families for wine tasting in the parlor and hiking trails through the hazelnut orchards, native woodlands and wetlands.

Swing by **Hiatt Farm** (46), where you'll find scratch-baked sweet rolls, buttermilk biscuits and pies, outdoor seating and yard games. Then continue south to Monroe and visit **Lilliputopia** (55), a tiny eco-farm specializing in dry farming techniques. Head to **No Regrets Flower Farm & Animal Sanctuary** (53) to destress with a happy hour filled with goats or to **Bluebird Hill Cellars** (54) for a glass of award-winning wine.

When you're ready for dinner, grab a tasty meal from one of the food carts at **Common Fields** (29) in downtown Corvallis, where a craft beverage from the tap room and kid-friendly activities will keep the whole family happy.

Afterwards, swing by **Valcan Cellars** (27) for a bottle of their handcrafted wine to enjoy during your stay at **Donovan Guest Houses** (32). Located on a working Christmas-tree farm and run by a local master potter, these guest houses are perfect for the whole family. Take home one of the ceramic treasures from the onsite studio to help remember your trip.



MAKERS AND INNOVATORS SWEET HOME TO ALBANY

A farm-fresh feast through craft beverages and history

Start your day with fresh coffee and pastries at the **Sweet Home** (52) or **Albany Farmers' Markets** (11) to peruse the locally made products. Then head south to **Thompson's Mills State Heritage Site** (44) for a free guided tour of Oregon's last water-powered mill, built in the mid-19th century.

Make your way to Corvallis for lunch at **4 Spirits Distillery** (40) and learn about the history behind their name while sipping on a cocktail made from one of their award-winning spirits and taking in the views of Marys Peak.

Later, swing by **Wild Yeast Bakery** (30) to pick up one of their fresh-baked artisan breads or pastries to enjoy with a craft beverage from one of our local favorites. **2 Towns Ciderhouse** (20) is the perfect place for seasonal ciders and **Block 15 Brewing Downtown Pub** (25) will quench your thirst with hop-forward ales and crisp ciders.

If you are visiting during our sweetest season—summer—head out to pick your own blueberries at **Blueberry Meadows** (16) while enjoying a cold beverage or locally crafted frozen fruit pop. Celiac-safe **Midway Farms** (3) in Albany is open year-round to browse the farm stand or join a cider pressing party, wine tasting or twilight yoga.

Amble on over to **Springhill Cellars** (2) for high-quality wines with high-quality views before making your way to downtown Albany where the petite sweets at **Natural Sprinkles** (8) and locally roasted brews at **Margin Coffee Roasters** (7) are sure to perk you up.

Taste the region's flavors with the chef-selected pairings on a taster board at **Grazing Oregon Charcuteries Restaurant** (9) followed by an elegant dinner at **Sybaris Bistro** (12), where a new eclectic menu is adopted every month. If you'd prefer a more hands-on approach, try an evening cooking class or farm-to-table dinner at **Honeybrine Catering and Event Center** (1). Check their Facebook page for upcoming classes and events.



The Mid-Willamette Valley Food Trail offers a self-guided journey through a bountiful land of historic farms and trailblazing spirits. Businesses along the trail are committed to sustainable practices to last through the next century and beyond.

Find other Oregon Food Trails at oregonfoodtrails.com.



FLORA AND FAUNA ALSEA TO ALBANY

Discover nature's wonders in food and the outdoors

Begin your journey along the Marys Peak to Pacific Scenic Byway, following coastal breezes into the valley. Idyllic mornings at Alsea's **Leaping Lamb Farm and Farm Stay** (49) might include feeding lambs before breakfast. Next, visit Alsea Trout Hatchery to see steelhead spawning from November through March or explore the photo-worthy gardens at **The Thyme Garden** (48) April through August. Make sure to purchase one of their 10,000 herb starts to bring the garden home with you.

Stave off your hunger at **Eats & Treats Cafe** (34) in downtown Philomath, a dedicated gluten-free eatery serving up comfort food, bakery fresh desserts, and Sunday brunch. Then stock up on local goods and fresh produce at the **Philomath Farmers' Market** (37) or **Sunbow Produce** (38), a 50-year old farm with certified organic farming methods.

Enjoy craft beers on the roof of **Sky High Brewing** (21) in downtown Corvallis while enjoying the views of Marys Peak—the highest point in the Coast Range with wildflowers from spring through summer and stunning panoramic views year round.

On your way to Albany, **Peoria Road Farm Market** (36) vendors await in a cheery red barn with some of the highest-quality and best-priced seasonal produce around.

Continue along farmlands to **Iron Water Ranch** (17) to take a fiber arts class and meet sheep, including newborn lambs each spring. In the summer, blueberry lovers can pick 19 different varieties of blueberries at **Bryant Family Farm** (13) along the way.

End your day in downtown Albany with dinner, drinks and games at **Calapooia Brewing**, home of **Vivacity Fine Spirits** (6), or the neighboring brewstillery, **Deluxe Brewing and Sinister Distilling** (5). Looking for allergen-friendly meals? Across the river, **Homegrown Oregon Foods'** (4) menu is 100% gluten-free and organic, with vegan and paleo options everyone will love.



Mid-Willamette Valley FOOD TRAIL

CRAFT BEVERAGES

- 2

Springhill Cellars Winery
2920 NW Scenic Dr., Albany
541.974.0917 • springhillcellarswinery.com
Open May-Dec | Fri-Sun
Family-owned winery, tasting room, cheese platters, event barn, scenic overlook, views of stunning sunsets
- 5

Deluxe Brewing and Sinister Distilling
635 NE Water Ave., Albany
541.928.7699 • sinisterdeluxe.com • Open daily
Brewery, distillery, tasting room, German-style lagers, ales, whiskey, outdoor seating, pet-friendly, tours, food cart
- 6

Vivacity Fine Spirits/Calapooia Brewing Co.
140 Hill St. NE, Albany
541.928.1931 • calapooiabrewing.com • Open daily
Distillery, brewpub with daily specials, new brews on tap, outdoor seating, family and pet-friendly
- 14

Harris Bridge Vineyard
22937 Harris Rd., Philomath
541.929.3053 • harrisbridgevineyard.com
Open May-Nov | Sat-Sun
Craft wine, vermouth, community-minded, family-friendly, picnics, music concerts
- 15

Lumos Wine Co.
24000 Cardwell Hill Dr., Philomath
541.929.3519 • lumoswine.com • Open Mar-Dec | Thu-Sun
Award-winning wines, organic viticulture, historic barn, large deck, big views, family-friendly, summer concerts
- 20

2 Towns Ciderhouse
33930 SE Eastgate Cir., Corvallis
541.207.3915 • 2townsciderhouse.com • Open daily
Locally crafted cider, mead, cocktails, 21+, taproom, patio, events, games, fun
- 21

Sky High Brewing
160 NW Jackson Ave., Corvallis
541.207.3277 • skyhighbrewing.com • Open daily
Family-friendly, 4-story brewpub, rooftop bar with panoramic views, elevated pub fare, award-winning craft brews, ciders, cocktails, locally owned
- 27

Valcan Cellars
341 SW Second St., Suite 3, Corvallis
541.360.3194 • valcancellars.com • Open Thu-Sat
Wine tasting, BIPOC makers & Latinx winemakers, local, wine store, award-winning, patio, private events
- 33

Compton Family Wines
810 Applegate St., Philomath
541.929.6555 • comptonwine.com
Open Sept-May | Fri-Sun • Open June-Aug | Thu-Sun
Expressive and unique wines, husband-and-wife owned and operated, comfortable atmosphere, family-friendly, regenerative farming practices
- 39

Block 15 Brewing Southtown Tap Room
3415 SW Deschutes St., Corvallis
541.752.2337 • block15.com • Open daily
Locally sourced handmade pub food, diverse tap list, local wines, cocktails, covered patio, view of Marys Peak, bike parking, family and pet-friendly
- 40

4 Spirits Distillery
3405 SW Deschutes St., Corvallis
541.368.3195 • 4spiritsdistillery.com • Open daily
Craft distillery, tasting room, cocktails, restaurant, rotating specials, outdoor spaces, great views, family-friendly
- 42

Tallman Brewing
2055 Primrose St., Lebanon
503.930.7760 • tallmanbrewing.com
Open Oct-May | Tue-Sun • Open June-Sept | Mon-Sun
Craft beer, wine and cider, food trucks, pet and family-friendly, outdoor seating, local music, trivia, kegs of comedy, charity bingo, paint and sip
- 43

Conversion Brewing
833 S. Main St., Lebanon
541.259.2337 • conversionbrewing.com • Open Mon-Sat
Wood fired pizza, beer made on site, patio, live music, liquor, draft cider
- 47

Tye Wine Cellars and Buchanan Family Farm
26335 Greenberry Rd., Corvallis
541.241.8933 • tyewine.com • Open Apr-Dec | Sat-Sun
Certified century farm, hiking trails, picnicking, tasting room
- 54

Bluebird Hill Cellars
25059 Larson Rd., Monroe
541.424.2478 • bluebirdhillcellars.wine
Open Nov-Apr | Sat-Sun • Open May-Oct | Fri-Sun
Beautiful valley views and award-winning wines, picnics welcome, ADA accessible, reservations recommended

