



# High Desert FOOD TRAIL

CENTRAL OREGON

## TRAVEL TIPS

This year-round, self-guided High Desert Food Trail is designed to be explored at your own pace — you are welcome to start and finish wherever you like. **We encourage you to inquire at individual businesses about seasonality and hours of operation before visiting.**

High season varies by business but is typically **May – October**. Seasonality of key products is listed below:

- Leafy greens: March - December
- Rhubarb: June - September
- Lavender: July - August
- Squash and zucchini: July - September
- Tomatoes: July - October
- Potatoes: August - December
- Pumpkins: October - December

The working farms along this trail provide some of the most unique and engaging experiences. We ask that you respect the invitation to enter each property and be cautious around farm animals and equipment. Children must be supervised at all times and you should be prepared to follow all site-specific rules. For your safety and comfort, be prepared with appropriate footwear, sun protection and water.

## ANNUAL EVENTS

- **La Pine Rhubarb Festival** | June
- **La Pine Coop and Garden Tour** | August
- **DD Ranch Pumpkin Patch** | October
- **Lavender Festival** | August

Wondering what's local? Look for the Get a Taste of This Place logo to identify high desert-grown, raised, and crafted foods or check out the local food directory at [getataste.org](http://getataste.org).

Your experience along the High Desert Food Trail should not end when you leave the area. We encourage you to bring a taste of your journey back home to share with friends and family as a reminder of the bounty available in Central Oregon.



This project was funded in part by the Beginning Farmer Rancher Development Program grant from the USDA National Institute of Food and Agriculture.



STEVE HEINRICH'S PHOTOGRAPHY

## STUNNING LANDSCAPES SISTERS TO REDMOND

*Sample handcrafted goodness with a view.*

Kick off your day with a visit to **Sisters Coffee Co.** (22) for a specialty coffee drink, a house-made pastry and a slice of history — they're the first coffee roaster in Central Oregon.

If you're visiting the area on a Sunday between June and October, peruse the locally grown food and handmade crafts at the **Sisters Farmers Market** (21). Stick around to enjoy the live music and splash pad, which is a favorite among the kids. For lunch, head over to **Boone Dog Pizza** (20), a food truck that serves up wood-fired pies with seasonal ingredients like heirloom tomatoes. Don't leave without snagging a loaf of their wood-fired sourdough bread. If you're craving a good sandwich, stop into artisanal butchery and eatery **Sisters Meat and Smokehouse** (23) for its next-level trip sandwich. Regional craft beer is on tap at both eateries.

Next head east to **Faith, Hope & Charity Vineyards** (9), where you can sip wine while looking out over stunning views of the Three Sisters. Learn how the winery manages to fight the frost and grow grapes that they transform into award-winning wine.

After you've had your fill of wine, end your day in downtown Redmond with dinner at **Terra Kitchen** (27), where plant-centric and sustainably grown ingredients take center stage. Consider staying the night at **SCP Redmond Hotel** (28), where Terra Kitchen is located. In addition to the hotel's adventure, wellness and work-away packages, guests can enjoy the panoramic views of the Cascade mountains from the hotel's rooftop bar — the only one in Redmond.

**The numbers adjacent to business names indicate their listing on the map.**



The High Desert Food Trail offers a self-guided journey through the stunning landscapes of Central Oregon, showcasing the resilient farms, ranches and businesses that support local food along the way.

Learn more at [hdffa.org/hdft](http://hdffa.org/hdft) and explore Central Oregon at [visitcentraloregon.com](http://visitcentraloregon.com).

Find other Oregon Food Trails at [oregonfoodtrails.com](http://oregonfoodtrails.com).



STEVE HEINRICH'S PHOTOGRAPHY

## ARTISAN OFFERINGS TUMALO TO LA PINE

*Lift your spirits with high-desert inspirations.*

Begin your trip with a lakeside overnight at **The Suttle Lodge & Boathouse** (6) in Sisters, where you can start your day with an alpine-style breakfast. Head south to Tumalo and fill your picnic basket with u-pick and farm stand goodies from **Well Rooted Farms** (30), and locally-sourced meats, snacks and libations from **Schillings Garden Market** (33). Enjoy a walk around the garden or shop the seasonal markets while taking in mountain views.

Before making your way south, tour the facilities and sample the creations of **Crater Lake Spirits** (32). Be sure to try the Prohibition gin, made with high-desert juniper berries.

For lunch try the burger at Bend's **Jackson's Corner** (40), which sources its ingredients from local farms and ranches, and partners with the city's many quality craft breweries. If you're visiting on a Wednesday between May and October, spend the rest of the afternoon meandering through the stalls at the **Bend Farmers Market** (36). Locally sourced gifts and products can be found year-round at **Central Oregon Locavore** (35).

Bend is known for its regionally inspired beer, so don't leave without sampling **The Ale Apothecary** (41), which uses water from the Deschutes River as well as Oregon wildflower honey and grain from nearby **Mecca Grade Estate Malt** (1) in Madras.

End your day in La Pine, where you can sit back and relax on the outdoor patio of **Legend NW Cider Company** (43) and sample beverages made from Northwest apples. Stick around for the live music and a dinner of wood-fired pizza.

## RESILIENT AGRICULTURE WARM SPRINGS TO PRINEVILLE

*Experience high-desert ranching.*

Start your day off by visiting **Twisted Teepee** (2) on the Warm Springs Reservation, where you can choose from menu items like huckleberry pancakes and Indian fry bread.

If you're visiting on a Saturday in summer, spend the rest of your morning strolling past the local produce and artisan goods at the **Madras Saturday Market** (5) in the beautiful Sahalee Park. Then duck into **New Basin Distilling Company** (4) for a tour of the facility, and sample their spirits made from Opal Springs water and rye grown in Jefferson County.

The ranches in Terrebonne are worth the stop. If you're visiting in fall, head over to **DD Ranch** (11), known for its pumpkin patch, hay rides and petting zoo. If alpacas are more your thing, stop by **Crescent Moon Ranch** (10), where you can pet and feed their herd (even the babies) while also sampling their fiber products.

In Prineville, head to **SunLife Farm and Ranch** (13) for a U-pick lavender experience and to see the apiary. The property is home to 5 miles of hiking trails overlooking the Ochoco Mountains. Make sure to factor in a stop to **L & S Farm and Garden** (12), a farm store that offers homemade, canned, pickled and preserved goods including jams, jellies, syrups, seasonings and more.

End your day at the **Wine Down Ranch** (14), a working cattle farm with overnight accommodations including a tiny house, a bunkhouse and campsites. In addition to experiencing life on a ranch, the Wine Down is a great spot for hiking, biking, bird-watching and stargazing.



BOONE RODRIGUEZ



STUNNING LANDSCAPES  
ARTISAN OFFERINGS  
RESILIENT AGRICULTURE







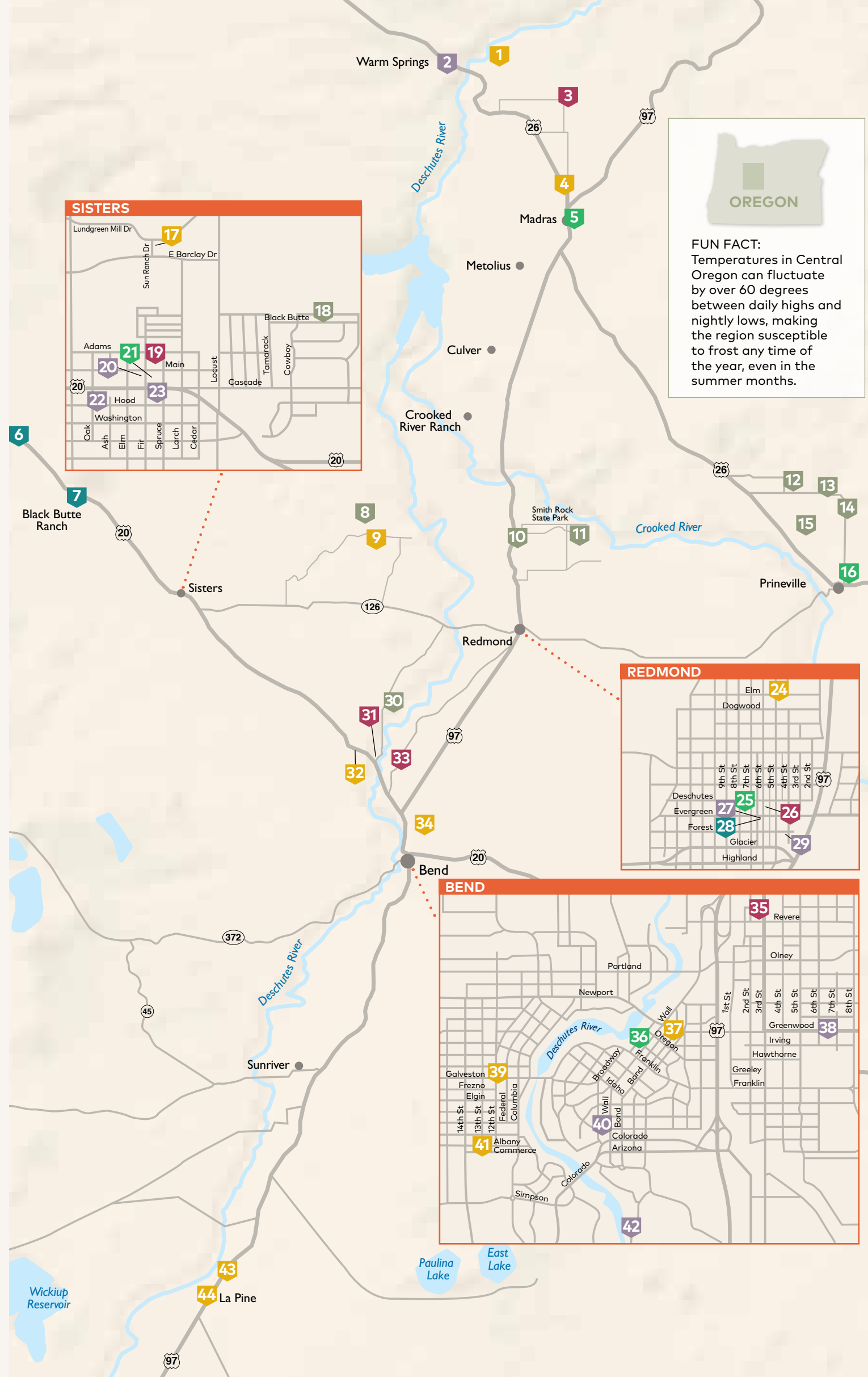
- 13 SunLife Farm and Ranch**  
1607 NW Gerke Rd., Prineville  
646.243.8628 • sunlifefarm.com  
Open May-Dec by appointment  
*Events, trails, views, lavender, products & plants, CSA/club programs*
- 14 Wine Down Ranch**  
6500 NE McKay Creek Rd., Prineville  
593.810.7003 • winedownranch.com  
Open daily by appointment  
*Natural beef, lodging, outdoor activities, tours, camping, night skies, pet friendly, wildlife, events*
- 15 Windy Acres Dairy Farm**  
3320 NW Stahanczyk Ln., Prineville  
541.447.5389 • windyacresdairy.com  
Open daily by appointment  
*Farm stand, Grade A dairy, artisan cheese, grass-fed animals, on-farm cheese and ice cream making experiences*
- 18 Seed to Table Oregon**  
Dee Wright St. and Black Butte Ave., Sisters  
541.480.9039 • seedtotableoregon.org  
Open June-Aug | By appointment  
*Educational programming, tours, local vegetables*
- 30 Well Rooted Farms**  
20377 Swalley Rd., Redmond  
458.202.9968 • wellrootedfarms.co  
Open for U-pick June-Oct | Farm stands open year-round  
*Pork, beef, eggs, vegetables, U-Pick, self-serve farm stands, pet friendly*

## EATERIES

- 2 Twisted Teepee Food Cart**  
3148 Paiute Ave., Warm Springs  
541.553.3148 • facebook.com/twistedteepee  
Open Tues-Fri  
*Food cart, Indian fry bread, huckleberry butter*
- 20 Boone Dog Pizza**  
171 E Main Ave., Sisters  
541.588.2054 • boonedogpizza.com • Open daily  
*Wood-fired pizza, patio, music, pet friendly, kid friendly, yard games*
- 22 Sisters Coffee Company**  
273 W Hood Ave., Sisters  
541.549.0527 • sisterscoffee.com • Open daily  
*Seasonal food and pastry menu, local options, specialty coffee roasted on-site*
- 23 Sisters Meat & Smokehouse**  
110 S Spruce St., Sisters  
541.719.1186 • sistersmeat.com • Open daily  
*Smoked meats, local ingredients, sandwiches, artisan products, lunch, outdoor seating*
- 27 Terra Kitchen**  
509 SW 6th St., Redmond  
541.615.7747 • scphotel.com/redmond/terra  
Open Wed-Sat  
*Farm-to-table dinners, Mediterranean, sustainable, regenerative, dinner, local, organic, vegetarian and vegan*
- 29 Feast Food Company**  
546 NW 7th St., Redmond  
541.279.9029 • feastfoodco.com • Open Thu-Mon  
*Patio, family friendly, locally sourced, community driven, pet friendly*
- 38 Rockin' Dave's Bistro & Backstage Lounge**  
661 NE Greenwood Ave., Bend  
541.318.8177 • rockindaves.com • Open Wed-Sun  
*Scratch deli, breakfast bagels and burritos, pet friendly, patio dining, music, gluten-free, vegetarian and vegan-friendly*
- 40 Jackson's Corner**  
845 NW Delaware Ave., Bend  
541.647.2198 • jacksonscornerbend.com • Open daily  
*Restaurant and bakery, brunch and dinner, indoor and outdoor seating, brick oven pizzas, salads, fresh pasta, baked bread*
- 42 Sisters Coffee Company - Old Mill**  
450 SW Powerhouse Dr. Ste. 400, Bend  
541.549.0527 • sisterscoffee.com • Open daily  
*Seasonal food and pastry menu, local options, specialty coffee roasted on-site*

## FARMERS MARKETS

- 5 Madras Saturday Market**  
7th St. & B St., Sahalee Park, Madras  
541.550.0066 • madrassaturdaymarket.com  
Open June-Sept | Saturday  
*Local fruits and vegetables, music, park, pet friendly, kid friendly*
- 16 CROP Farmers Market**  
NE Fourth St. & Elm St., Prineville  
610.301.3244 • cropfarmersmarket.org  
Open June-Sept | Saturday  
*Local vegetables and meat, fresh baked goods, coffee, live music, wine, local art, crafts and accessories*
- 21 Sisters Farmers Market**  
150 N Fir St., Fir Street Park, Sisters  
541.904.0134 • sistersfarmersmarket.com  
Open June-Oct | Sunday  
*Fresh food, local products, music, arts, kid activities, family friendly, dog friendly, splash pad*
- 25 Redmond Farmers Market**  
7th St. & Evergreen Ave., Centennial Park, Redmond  
541.550.0066  
facebook.com/redmondoregonfarmersmarket  
Open June-Sept | Tuesday  
*Local fruits and vegetables, pet friendly, kid friendly, free parking, live music, artisan products*
- 36 Bend Farmers Market**  
Brooks Alley, Bend • bendfarmersmarket.com  
Open May-Oct | Wednesday  
*Local produce and food, outdoor market*



**FUN FACT:**  
Temperatures in Central Oregon can fluctuate by over 60 degrees between daily highs and nightly lows, making the region susceptible to frost any time of the year, even in the summer months.

## CRAFT BEVERAGES

- 1 Mecca Grade Estate Malt**  
9619 NW Columbia Dr., Madras  
541.526.8152 • meccagrade.com • Open Fri-Sun  
*Family farm, estate malthouse, brewery, tasting room, estate beer, tours, events, pet friendly*
- 4 New Basin Distilling Company**  
2063 NW Andrews Dr., Madras  
541.980.4595 • newbasin.com • Open daily  
*Farm-to-bottle whiskey, cocktails, tours*
- 9 Faith, Hope & Charity Vineyards**  
70450 NW Lower Valley Dr., Terrebonne  
541.526.5075 • faithhopeandcharityevents.com  
Open daily  
*Wine, wine tasting, wood-fired pizza, vineyard, live music, family friendly*
- 17 Funky Fauna Artisan Ales**  
211 E Sun Ranch Dr. #101, Sisters  
720.341.7408 • funkyfaunabeer.com • Open Fri-Sun  
*Oregon terroir inspired wild ales, tasting room, patio, pet friendly, kid friendly*
- 24 Initiative Brewing**  
424 NW Fifth St., Redmond  
541.527.4380 • initiativebrew.com • Open daily  
*Craft beer, patio, pet friendly, locally sourced, burger and sandwiches, Bend Ale Trail*
- 32 Crater Lake Spirits - Distillery Tasting Room**  
19330 Pinehurst Rd., Bend  
541.318.0200 ext. 1 • craterlakespirits.com • Open daily  
*Handcrafted American distilled spirits, gin, vodka, whiskey, patio, music, pet friendly, dog park, cocktails*
- 34 10 Barrel Brewing Co. - East Bend**  
62950 NE 18th St., Bend  
541.241.7733 • 10barrel.com • Open daily  
*Lunch, dinner, music, patio, pet friendly, beer, wine, cocktails*
- 37 Crater Lake Spirits - Downtown Tasting Room**  
1024 NW Bond St., Bend  
541.318.0200 ext. 2 • craterlakespirits.com • Open daily  
*Handcrafted American distilled spirits, gin, vodka, whiskey, mini cocktails, timeless atmosphere*
- 39 10 Barrel Brewing Co. - West Bend**  
1135 NW Galveston Ave., Bend  
541.678.5228 • 10barrel.com • Open daily  
*Lunch, dinner, music, patio, pet friendly, beer, wine, cocktails*

- 41 The Ale Apothecary**  
30 SW Century Dr., Ste 140, Bend  
541.350.3226 • thealeapothecary.com • Open Wed-Sun  
*Barrel-aged and fermented ales, unique tasting room, patio, kid friendly, pet friendly*
- 43 Legend Cider Company**  
52670 Hwy 97, La Pine  
541.610.3357 • legendcider.com • Open Wed-Sun  
*Cider, beer, patio, pet friendly, music, football, food carts, growlers*
- 44 Badlands Artisan Distillery**  
51500 Hwy 97, La Pine  
541.377.2231 • badistillery.com • Open Thu-Sun  
*Brunch, espresso, cocktails, draft beer, craft spirit tastings, bottle sales, food trucks, outdoor pet-friendly patio*

## FARMS & RANCHES

- 8 Rainshadow Organics**  
71290 Holmes Rd., Sisters  
541.279.0841 • rainshadoworganics.com • Open Fri-Sat  
*Organic vegetables & grains, grass-fed/finished beef, pastured pork, farm-to-table meals, walking tours, events*
- 10 Crescent Moon Ranch**  
7566 N Hwy 97, Terrebonne  
541.923.2285 • crescentmoonranch.com • Open daily  
*Retail boutique, family-friendly fun, hand feed alpacas, walking path*
- 11 DD Ranch**  
3836 NE Smith Rock Way, Terrebonne  
541.548.1432 • ddranch.net  
Open by appointment, call ahead  
*Grass-fed beef and lamb, heritage pork, raw local honey, eggs, pumpkin patch, weddings, CSA, farm store*
- 12 L & S Farm and Garden**  
4243 NW Gerke Rd., Prineville  
541.408.2295 • lsfarmandgarden.com  
Open June-Sept | Tue-Wed, call ahead  
*Jams, jellies, BBQ sauce, seasonings, pies, eggs*

## ARTISAN PRODUCTS

- 3 Paradise Produce**  
6651 N Adams Dr., Madras  
541.350.0468 • Open daily Apr-Oct  
*Local vegetables and eggs, self-serve farm store, vegetable starts, annual flower starts, local Oregon fruits*
- 19 The Stand**  
254 E Adams Ave., Sisters  
541.420.8684 • mahoniagardens.com/the-stand  
Open daily May-Oct  
*Farm stand, local vegetables and eggs, sustainable, organic*
- 26 Arome**  
432 SW 6th St., Redmond  
541.527.4727 • aromekitchen.com • Open daily  
*Loose leaf tea, wine and beer, gourmet food, locally made, wine tasting*
- 31 Tumalo Farmstand**  
64677 Cook Ave., Bend  
541.610.7733 • tumalofarmstand.com  
Open daily May-Oct  
*Farm stand, local, organic, seasonal, conscious practices*
- 33 Schilling's Garden Market**  
64640 Old Bend Redmond Hwy, Bend  
541.323.0160 • schillingsgardenmarket.com  
Open daily Mar-Nov  
*Plant nursery, garden center, farm stand, local products, pumpkin patch, mountain views, classes & workshops, patio, beer & wine, snacks, pet friendly, family friendly*

- 35 Central Oregon Locavore**  
1841 NE Third St., Bend  
541.633.7388 • centraloregonlocavore.org • Open daily  
*Organic produce, grass-fed meats, local eggs, dairy, and honey, artisan teas and coffees, skin care items*

## LODGING

- 6 The Suttle Lodge & Boathouse**  
13300 Hwy 20, Sisters  
541.638.7001 • suttellodge.com • Open daily  
*Lakeside lodging, alpine-style breakfast, lunch and dinner, wine, beer and cocktail menus, monthly music and events, pet friendly*
- 7 Black Butte Ranch**  
13895 Bishops Cap, Black Butte Ranch  
877.545.5239 • blackbutteranch.com • Open daily  
*Lodging, live music, horseback riding, seasonal events, farmers markets, locally-sourced dining*
- 28 SCP Redmond Hotel**  
521 SW 6th St., Redmond  
541.508.7600 • scphotel.com/redmond • Open daily  
*Hotel, rooftop dining, farm to table, sustainable, pet friendly, fitness, wellness*