Standards we all normally apply, yet occasionally ignore.

A comprehensive guide to incident-free mountain biking.

Safety Tips

Hiccups you may encounter.

If you do head out for a solo ride, stick to trails always go as planned out on the trails, and having at least one other

And if you're riding outside of your normal and trusted crew, it's nice

Bringing more water than you anticipate drinking and taking

A great way to avoid the dementia is to ride

As burly and invincible as they seem at times, mountain bikes are
delicate machines. From flat tires and broken chains to loose bolts

Having a proper bike repair kit, and knowing how to use it, is a must

For an excellent article on riding prepared,

Making sure your bike is in working order will help prevent

Trail Tech: What to pack for long mountain biking.

The trails lie mostly within the Wallowa Whiteman National Forest; the northern end of the Redmond Trail network stretches into private land. All trails run through protected terrain, with several breaks that reveal wonderful views of the Wallowa and Seven Devils mountain ranges. The Redmond Trail (TR1823) Network offers a mix of single-track trails, and includes routes suitable for solo riders and an advanced network of more aggressive trails. The Seven Devils mountain bike trails at Salt Creek Summit feature several loops ranging from 7 to 20 miles or more, up to 50 miles from one end of the trails to the other, approximately 10 miles outside the border.
Oregon loves bicyclists. That’s why we’re the first state in the nation to create a Bike Friendly Business program geared toward travelers. Bike Friendly Businesses are committed to welcoming cyclists, offering amenities riders may need and have officially been recognized by the state. Find a list of Bike Friendly Businesses here.

What is the Bike Friendly Program?
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The Baker, Union, and Wallowa Bike It! Map
This map was produced by the Eastern Oregon Visitors Association. We would like to thank the bike trail experts in Baker County, Union County and Wallowa County for their input and expertise.

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